



IFK - Bulgarian Kyokushinkai



BULGARIAN FEDERATION KYOKUSHIN

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IS ORGANIZING

SUMMER CAMP “PRIMORSKO 2017“

video URL: <https://youtu.be/Zx6obggBEW8>

IFK – Bulgaria will handle an International Summer Camp “Primorsko 2017”, under the leadership of Shihan Nikola Blagoev - 5th Dan. The Camp will take place in MMC primorsko – 70km south from the city of Bourgas.



Date of the camp: from 27.06.2017 to 04.07.2017
There is a possibility for participation until 02.07.2017

Participation Fee: 25 €

(Not to be included for people not participating in the training sessions)

Accommodation:

Accommodation conditions in bungalows “Ropotamo” and “Holiday” for three and four people - TV, fridge and air-conditioning.

- 182 € (for 7 days), 130 € (for 5 days) per person (over 14 years old) for the time of the camp in bungalows for three persons + 25 € for transport (from the bus station or the airport) from Bourgas to Primorsko, and back at the end of the camp.

- 98 € (for 7 days), 70 € (for 5 days) per child for children up to 12 years + 25 € for transport.

- 154 € (for 7 days), 110 € (for 5 days) per child for children 12-13 years old + 25 € for transport.

- Accommodation in a studio in “Forest Beach” Hotel (4 stars) - 238 € for 7 days, 170 € for 5 days, per person

In the accommodation price are also included breakfast, lunch and dinner (“Block Table” type) in the hotel’s restaurant, as well as use of the three swimming pools and resort taxes.



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For four person families the accomodation is in “Ropotamo“ maisonettes until the end of the allocated bungalows. In these bungalows there is additional kitchen space with cuttlery.

Families of three are accomodated in “Ropotamo“ bungalows (also with kitchen space with cuttlery), or “Holiday“ bungalows.

One or two kids with one parent (or companion) are accomodated in “Holiday“ bungalows

AS OF THIS YEAR ALL BUNGALOWS ARE AIR-CONDITIONED



The trainings will be as follows:

- 6:30 to 8:00 - Training on the beach
- 10:00 to 11:30 - Training at the stadium,
- 18:00 to 19:30 - on the special training area “Ropes Garden”.

The Rope Garden is buit by Bulgarian Federation Kyokushin and is only for participants of the summer camp. The area is equipped with all needed safety precautions.

The trainings will be in different areas, including flexibility, kihon and kata, sparring techniques and kumite, sport games and agility.

The camp will end with a night training on the beach



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„PIRATES”

For the kids we offer two-hour journey with two yachts, each with 12 children. On the yacht the kids will be dressed like pirates and will participate in a sea battle between the two yachts with water guns. The price is 10 EURO and participation is willingly.

The owners of the yachts provide all the safety equipment. Additionally on every yacht there will be a person from the Camp with excellent swimming skills.



THERE IS AN OPPORTUNITY FOR EXTENDING THE STAY WITH SEVERAL EXTRA DAYS, THAT COULD BE HOLIDAY FOR THE KIDS AND THEIR PARENTS.

EVERYONE THAT WOULD LIKE HIS/HER STAY TO BE PROLONGED PLEASE SEND INFORMATION UP TO THE 25th OF FEBRUARY

The prices for prolonged stay for every additional day is as follows:

- kids up to 12 years - 14 EURO per day
- kids up to 14 years - 22 EURO per day
- 14 years and up - 27 EURO per day

We have a limited amount of places in “Ropotamo“ maisonettes and family “Ropotamo“ bungalows.

It is obligatory that kids are with an adult accompanion.

The final list of participants should be sent by the 25th of February altogether with 50% pre-payment for the accommodation in “Holiday” bungalows.

Nikola Blagoev

5th dan Kyokushin Karate

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